Schedule of what to expect once you start ovulation induction

- Call when you get your period to schedule baseline examination
- **Baseline Examination**
  - Takes place around Cycle day 3 (the day you get your period is Cycle day 1).
    - Example: You get your period on a Monday, day Wednesday is cycle day 3
  - Baseline exam consists of an **ultrasound** to evaluate your ovaries and uterus at the beginning of your cycle and **blood hormone results**.
  - The day of your baseline study, we will **call you in the afternoon** to confirm that you are clear to start a treatment cycle and what your medication administration instructions will be. We will also let you know when to come for your mid-cycle visit.
- **Fertility medication information**
  - **Clomiphene**, **letrozole**, and **progesterone** are medications widely available at your nearby pharmacies
  - **Ovidrel** must be obtained from pharmacies that carry fertility medications
    - **Fertility pharmacies near Boca are:**
      - Walgreens 3000 N State Rd 7, Margate, FL 33063
      - South Miami Pharmacy 7425 SW 42nd St, Miami, FL 33155, (855) 255-5005
        - Will deliver medication to your home
- **Ovidrel administration instructions**
- **Mid-cycle visit**
  - You will have a mid-cycle follow up ultrasound visit to check for follicle growth and a blood test to evaluate hormone production. To be ready for ovulation with ovidrel “trigger” shot, we are looking for at least one follicle that is ≥ 16mm with corresponding estradiol levels around 200 pg/mL.
- **Ovidrel (hCG) injection**
  - Ovidrel injection will induce final oocyte maturation and trigger ovulation when the ovarian follicles are mature.
  - We will instruct you when you are ready for this injection and when to take the injection.
  - **Timed Intercourse**
    - Couple will be instructed when to have intercourse.
  - **Vaginal progesterone**
    - Progesterone helps support the endometrial lining of your uterus to allow implantation to occur.
    - After you take the ovidrel, you will be instructed on when to start vaginal progesterone.
  - **Pregnancy test visit**
    - Schedule your visit about 16 days after ovidrel was administered.