

Schedule of what to expect once you start ovulation induction

- Call when you get your period to schedule baseline examination
- **Baseline Examination**
 - Takes place around Cycle day 3 (the day you get your period is Cycle day 1).
 - Example: You get your period on a Monday, day Wednesday is cycle day 3
 - Baseline exam consists of an **ultrasound** to evaluate your ovaries and uterus at the beginning of your cycle and **blood hormone results**.
 - The day of your baseline study, we will **call you in the afternoon** to confirm that you are clear to start a treatment cycle and what your medication administration instructions will be. We will also let you know when to come for your mid-cycle visit.
 - **Fertility medication information**
 - *Clomiphene, letrozole, and progesterone* are medications widely available at your nearby pharmacies
 - *Ovidrel* must be obtained from pharmacies that carry fertility medications
 - **Fertility pharmacies near Boca are:**
 - Walgreens 3000 N State Rd 7, Margate, FL 33063
 - South Miami Pharmacy 7425 SW 42nd St, Miami, FL 33155, (855) 255-5005
 - Will deliver medication to your home
 - **Ovidrel administration instructions**
 - <http://www.freedommedteach.com/eng/videos.html?play=ovidrel>
- **Mid-cycle visit**
 - You will have a mid-cycle follow up ultrasound visit to check for follicle growth and a blood test to evaluate hormone production. To be ready for ovulation with ovidrel “trigger” shot, we are looking for at least one follicle that is ≥ 16 mm with corresponding estradiol levels around 200 pg/mL.
- **Ovidrel (hCG) injection**
 - Ovidrel injection will induce final oocyte maturation and trigger ovulation when the ovarian follicles are mature.
 - We will instruct you when you are ready for this injection and when to take the injection.
- **Timed Intercourse**
 - Couple will be instructed when to have intercourse.
- **Vaginal progesterone**
 - Progesterone helps support the endometrial lining of your uterus to allow implantation to occur.
 - After you take the ovidrel, you will be instructed on when to start vaginal progesterone.
- **Pregnancy test visit**
 - Schedule your visit about 16 days after ovidrel was administered.