

WOMEN'S HEALTH PARTNERS, LLC

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Patient Prep Ultrasound Instructions

Ultrasound is a specialized exam using sound waves to visualize your baby.

No radiation is involved, it is not an x-rays.

Will I need a full bladder?

- If you are less than 24 weeks pregnant, or first & second trimester, you will need a full bladder.
Please drink two 8 oz. glasses of water one hour before your scheduled appointment.
DO NOT EMPTY YOUR BLADDER BEFORE THE ULTRASOUND EXAMINATION.
- If you are in your third trimester, you will also need a full bladder.
Please drink one 8 oz. glasses of water one hour before your scheduled appointment.
DO NOT EMPTY YOUR BLADDER BEFORE THE ULTRASOUND EXAMINATION.

Can I eat before my appointment?

It is fine to eat before your ultrasound, unless specifically instructed otherwise by a physician.

Can I make a videotape of my baby?

Videotaping for nondiagnostic purposes is not performed; however, keepsake still images of your baby will be provided. Please be aware that fetal position may limit our ability to obtain optimal keepsake images.

Will I be able to find out the sex of my baby?

Depending upon the baby's position and gestational age, we can tell you what sex we think the baby will be. Please keep in mind that ultrasound is not 100% accurate in fetal sex determination.

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